DECLARATION, POWER OF ATTORNEY, AND PETITION 1 2 As a below named inventor, I hereby declare that: 3 My residence, post office address and citizenship are as stated below next to my name. 4 I believe I am the original, first and sole inventor (if only one name is listed below) or an original, first 5 and joint inventor (if plural names are listed below) of the subject matter which is claimed and for which a patent 6 is sought on the invention entitled: METHOD AND APPARATUS FOR EXERCISING INTERNAL AND 7 **EXTERNAL OBLIQUE MUSCLES** the specification of which: (check one) xx is attached hereto. ____ was filed on ____ 8 _____ and was amended on ____ (if applicable) Application Serial No. _____ 9 I hereby state that I have reviewed and understand the contents of the above-identified specification, 10 including the claims, as amended by any amendment referred to above. I hereby acknowledge the duty to disclose information which is material to the examination of this 11 application in accordance with Title 37, Code of Federal Regulations, § 1.56(a). 12 I hereby claim foreign priority benefits under Title 35, United States Code §§ 119; 365 of any foreign application(s) for patent or inventor's certificate listed below and have also identified below any foreign 13 application for patent or inventor's certificate having a filing date before that of the application on which the 14 priority is claimed: 15 **Prior Foreign Application(s)** 16 **Priority Claimed** 17 N/A 18 (Number) (Country) Day/month/year filed Yes No 19 N/A (Number) (Country) Day/month/year filed Yes No 20 21 (Number) (Country) Day/month/year filed Yes No 22 23 24 I hereby certify that this correspondence is being 25 deposited with the United States Postal Service as: EXPRESS MAIL NO. _ ER 507 278 617 US 26 in an envelope addressed to: ASST. COMMISSIONER OF PATENTS, PO BOX 1450 27 Alexandria, VA 223 32 450 on: December 2, 2003 28 12/02/03 DATE

I hereby claim the benefit under Title 35, United States Codes §120 of any United States application (s) listed below and, insofar as the subject matter of each of the claims of this application is not disclosed in the prior United States application in the manner provided by the first paragraph of Title 35, United States Code §112, I acknowledge the duty to disclose material information as defined in Title 37, Code of Federal Regulations §156(a) which occurred between the filing date of the prior application and the national or PCT international filing of this application:

10/035,995 12/31/01 PENDING
(Application Serial No) (Filing Date) (Status) (patented, pending, abandoned)

N/A
(Application Serial No) (Filing Date) (Status) (patented, pending, abandoned)

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under § 1001 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

And I hereby appoint:

Tod R. Nissle, Esq. Reg. No. 29,241 TOD R. NISSLE, P.C. P.O. Box 55630 Phoenix, Arizona 85078

Tel: (602) 494-8700 Fax: (602) 494-8707 Email: nissle@nissle.com

my attorney and with full power of substitution and revocation, to prosecute this application and to transact all business in the United States Patent and Trademark Office connected therewith.

Wherefor I pray that Letters Patent be granted to me for the invention or discover described and claimed in the foregoing specification and claims, and I hereby subscribe my name to the foregoing specification and claims, declaration, power of attorney, this petition.

1	Full name of sole or first inventor: PETER SLOWINSKI
2	Inventor's signature: Date:
3	Residence: 26411 North 114th Place, Sc ttsdale, Ariz na 85255
	Citizenship: UNITED STATES OF AMERICA
4	Post Office Address: Same
5	
6	Full name of second inventor: N/A
7	Inventor's signature: Date:
8	Residence:
9	Citizenship: <u>UNITED STATES OF AMERICA</u>
	Post Office Address: Same
10	
11	(Supply similar information and signature for third and subsequent joint inventors)
12	(Supply similar information and signature for third and subsequent joint inventors)
13	
14	Attorneys Docket No.: 1066-P-2
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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE 1 2 **Applicant** PETER SLOWINSKI 3 Serial No. 4 Filed Concurrently herewith 5 For METHOD AND APPARATUS FOR 6 **EXERCISING INTERNAL AND EXTERNAL OBLIQUE MUSCLES** 7 **DECLARATION VERIFYING SMALL ENTITY STATUS** 8 <u>UNDER 27 C.F.R. 19(f) AND 1.27(b)</u> 9 **Asst. Commissioner of Patents** 10 PO Box 1450 Alexandria, VA 22313-1450 11 12 Dear Sir: 13 As a named inventor, I hereby state that I qualify as an independent inventor as defined in 37 C.F.R. 1.9 (c) for purposes of paying reduced fees under § 41(a) and (b) of Title 35, United States Code, to the 14 Patent and Trademark Office with regard to the above-identified patent. 15 16 I have not assigned, granted, conveyed or licensed and am under no obligation under contract or law to assign, grant, convey or license any rights the invention to any person who could not be classified as 17 an independent inventor under 27 C.F.R. 1.9(c) if that person had made the invention, or to any concern which 18 would not qualify as a small business concern under 37 C.F.R. 1.9(d) or a nonprofit organization under 37 C.F.R. 19 1.9 (e). Any person, concern or organization to which I have assigned, granted, conveyed or licensed or am under an obligation under contract or law to assign, grant, convey or license any rights in the invention is identified 20 below: 21 22 23 I hereby certify that this correspondence is being 24 deposited with the United States Postal Service as: EXPRESS MAIL LABEL NO. ___ER 507 278 617 US 25 in an envelope addressed to: Box Applications, ASST. COMMISSIONER OF PATENTS, PO BOX 1450

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ALEXANDRIA ()

TOD R. NISSLE, Reg. No. 29,241

22313-1450 on: December 2, 2003

12/02/03

DATE

1 2 3 4 5 6	Full Name: Address: [] Individual	N/A [] Small Business [] Non profit Organization
7 8 9 10	Full Name: Address:	N/A [] Small Business [] Non profit Organization
12 13 14 15	of entitlement to	I acknowledge the duty to file, in this patent, notification of any change in status resulting in loss small entity status prior to paying, or at the time of paying, the earliest of the issue fee or any due after the date on which status as a small entity is no longer appropriate. [37 C.F.R. 1.28(b)]
16 117 118 119 120 122 1	made on information knowledge that we will under §1001 to 2	I hereby declare that all statements herein of my own knowledge are true and that all statements ation and belief are believed to be true; and further that these statements were made with the willful false statements or the like so made are punishable by fine or imprisonment, or b th, Fitle 18 of the United States Code, and that such willful false statement may jeopardize the plication, any patent issuing thereon, or any patent to which this verified statement is directed.

1	Name of Inventor:	PETER SLOWINSKI
2	Address:	26411 North 114th Place
3		Sc ttsdale, Ariz na 85255
4	Signature:	
5	Date:	
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7		
8	Name of Inventor:	N/A
9	Address:	
10		
11	Signature:	
12	Date:	·
13		
14	Attorney's Docket No.:	1066-P-2
15		
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